

Tonya Sowles, MBA, SHRM-SCP

HR Business Consultant

Tonya Sowles is the CEO and Founder of Sowles Consulting, a firm dedicated to helping entrepreneurs build engaged and loyal dream teams. With over 20 years of business management experience, Tonya specializes in supporting small businesses through customized HR strategies and solutions.

Tonya holds a Bachelor's Degree in Human Resource Management, a Master's Degree in Business Administration, and is a Senior Certified Professional through the Society for Human Resource Management (SHRM-SCP). She is also a Speak to Inspire Method™ Certified Speaker and Facilitator, offering expertise in employee engagement, productivity, performance management, and leadership.

As Chapter President of Rogue Valley SHRM, Tonya is committed to advancing the HR profession and supporting HR professionals throughout the region. She is passionate about creating meaningful opportunities for education, networking, and professional growth.

Beyond her work with Rogue Valley SHRM, Tonya enjoys helping businesses maximize people, productivity, and profitability while fostering vibrant workplace cultures.