

Heather Allen's Bio

Heather has a background in executive leadership in both the non-profit and for-profit world, working in both training and development as well as human resources. Currently she serves as both the HR Director for Garrison's Home and Executive Director of the Garrison's Foundation.

Heather has a bachelor's degree in communications and journalism from SOU and she is attending graduate school online at Ball State University. She will be graduating in May with a dual master's degree in adult and community education and executive development for public service.

In addition to work and school, Heather serves on the Board of Directors for Southern Oregon Aspire as well as the Grants Pass branch of the American Association of University Women. Heather is also the Executive Director of Operation Rambo, a 501(c)(3) that raises money to pay for urgent medical expenses for disabled veteran's service animals in addition to raising and training service dogs to match with vets. She is the owner of Write It Right, which offers writing and editing solutions such as copyediting, web content, marketing and PR, curriculum development and design, resume writing, and grant writing services.

Heather teaches at ScienceWorks and teaches community classes for the City of Medford's parks and recreation department. She is also the chair of the Frog O' Faire children's festival in Grants Pass. She is also writing her first book.

Heather has lived in the valley since she was 7. She has been married to her wonderful husband, Nathan, for 16 years and has two adorable labradoodles named Chewbacca and Friday, and a cat named Huey. Heather loves travel, scrapbooking and paper crafts, karaoke, live theater, and 80's music. She is excited to be joining the local SHRM Board of Directors and to continue to build relationships with other HR and training professionals in the Rogue Valley.

